



# **Have Your Say**

## **Help Shape the Future for Carers**

### Consultation on an All-Age Carers Strategy

#### **What is a carer?**

A 'carer' is an unpaid person who regularly looks after, helps, or supports someone who wouldn't be able to manage everyday life without them. Often this is a relative, neighbour or friend. This is different to a paid care worker.

#### **Are you an unpaid carer? Your voice matters.**

We know that caring for someone can be rewarding, but also challenging. That's why we're developing a new All-Age Carers Strategy – and we need your input.

By completing a short online survey, you'll help us:

- Shape services that reflect carers' real needs
- Improve support for carers across all ages
- Raise awareness of the vital role carers play
- Influence decisions on policy and funding
- Make sure your voice is heard

Every response helps us build a more supportive, inclusive system for carers. The survey is confidential and takes just a few minutes.

**Scan the QR code to take part.**  
**Your experience can help**  
**shape a better future for all carers.**

